

What might God do in Just One Year?

If you are a spiritual seeker, God may be inviting you to a life-changing year dedicated to spiritual growth and formation!

Enter into a year of spiritual growth and formation:

**Commitment to regular personal prayer & spiritual direction
Participation in quarterly retreat weekends at Villa Maria, PA
Presentations and reflection on spiritual themes**

Open to women ages 21 and up

Four Weekends

- ◇ **Fall - Awakening to the Presence of God
- September 28-October 1, 2017**
- ◇ **Winter - Risk the Sacred Journey —
Personal Growth and Transformation
- January 18-21, 2018**
- ◇ **Spring - Following Jesus - Discipleship
- April 19-22, 2018**
- ◇ **Summer - Sent Forth in Mission
- July 5-8, 2018**

**Cost per weekend: \$180
(Scholarships available)**

The Sisters of the Humility of Mary are offering women a one year immersion in spiritual growth and formation. JUST ONE YEAR is an opportunity to participate in the rich spiritual life found for centuries by seekers who are searching for growth and transformation through prayer, service and learning.

For more information or to request an application, contact:

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